UNITED STATES DISTRICT COURT FOR THE WESTERN DISTRICT OF NORTH CAROLINA CHARLOTTE DIVISION

)

KANAUTICA ZAYRE-BROWN,)

Plaintiff

vs.

THE NORTH CAROLINA DEPARTMENT
OF PUBLIC SAFETY, et al.

Defendants)

DEPOSITION

OF

JOSEPH V. PENN, M.D.

August 8, 2023 - 9:12 A.M.

NORTH CAROLINA DEPARTMENT OF JUSTICE

114 WEST EDENTON STREET

RALEIGH, NORTH CAROLINA

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    or impairment?
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        A. Yes.
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            I'd now like to hand you what I would ask the court
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    reporter to mark as Exhibit-10.
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                   (Document marked as Exhibit-10 for
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    identification.)
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9
    BY MS. MAFFETORE:
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        Q. The court reporter has handed you Exhibit-10 which is
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    a document bates stamped DAC 728. I will represent to you that
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    it is a North Carolina Department of Public Safety Mental
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    Health Progress Note dated 4/28/2021 pertaining to Mrs.
14
    Zayre-Brown.
15
            Do you recognize this document?
16
        A. Yes.
17
        Q. Under Progress Towards Goals -- do you see where I'm
18
    referring to?
        A. Yes.
        Q. It notes Mrs. Zayre-Brown expressed many concerns
    about not having her appointment with UNC-CH urology scheduled
22
    yet. She gave a number of examples of how this is increasing
23
    her dysphoria, and she decided to put a band on her penis until
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    her appointment is scheduled. She said she has had the band on
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    for a week and a half. She was cautioned about the effects of
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    impeding blood flow and risk of infection. As described above,
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    the undersigned spoke with Ms. Catlett, and she was able to
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    convey to Mrs. Zayre-Brown how Ms. Catlett has been on top of
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    it and has worked hard to facilitate this appointment. Ms.
5
    Zayre-Brown then agreed to take the band off her penis.
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    rest of the session addressed her specific concerns about
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    having part of a penis left and what defines a woman. She
    explained it does not bother her if she is called fat or ugly
    but stated if she is called a man there is no tool in the
    toolbox to manage that. She stated I can't live with this
11
    anymore, and said the situation was acute now and not chronic.
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    She also stated she is not complete now and that I'm ready to
13
    be complete.
14
            Did I read that correctly?
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        A. Yes.
16
        Q. Did you review this medical record before concluding
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    that Mrs. Zayre-Brown does not have significant mental distress
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    and impairment?
        A. Yes.
                   MS. MAFFETORE: I'm now going to hand you what
21
    I will ask the court reporter to mark as Exhibit-11.
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23
                    (Document marked as Exhibit-11 for
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    identification.)
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BY MS. MAFFETORE:

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JOSEPH V. PENN, M.D.

Q. Exhibit-11 is a document that was produced in discovery bates marked DAC 695. I will represent it's the North Carolina Department of Public Safety Mental Health Progress Note dated September 16, 2021 pertaining to Mrs. Zayre-Brown.

Have you seen this document before?

- A. Yes.
- Q. Under Progress Towards Goals, the last two sentences note she admitted that she had briefly considered putting a rubber band around her phallus as a means of forcing surgical intervention. The writer explained that Ms. Brown would only undermine her chances for gender-affirming surgery if she was considered to be emotionally unstable for treatment. She acknowledged understanding.

Did I read that correctly?

- Α. Yes.
- Is this one of the documents that you reviewed before Q. concluding that Ms. Zayre-Brown does not have significant mental stressor impairment?
 - A. Yes.

MS. MAFFETORE: I'm now going to hand the court reporter what will be marked as Exhibit-12.

(Document marked as Exhibit-12 for

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    identification.)
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    BY MS. MAFFETORE:
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        Q. Exhibit-12 is a document produced to us in discovery
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    bates marked DAC 680. I will represent to you it is a North
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    Carolina Department of Public Safety General Administrative
7
    Note dated November 2, 2021 regarding Mrs. Kanautica
8
    Zayre-Brown.
9
            Do you recognize this document?
            Yes.
        Α.
11
            The document notes under comments, Offender Brown made
12
    a statement of self-harm during today's FTARC, indicating that
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    if she did not receive an update about progress on the decision
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    regarding DTARC determination re: requested surgery, she would
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    mutilate her phallus, referred to in earlier documentation as
16
    taking matters into her own hands.
17
            Did I read that correctly?
18
        Α.
           Yes.
            Did you review this medical record or this
    administrative note before concluding that Mrs. Zayre-Brown
    does not have significant mental distress or impairment?
22
        A. Yes.
23
                   MS. MAFFETORE: I'm now going to hand you what
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    I ask the court reporter to mark as Exhibit-13.
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1 2 (Document marked as Exhibit-13 for 3 identification.) 4 5 BY MS. MAFFETORE: 6 Q. Exhibit-13 is a document that was produced to us in 7 discovery which is bates stamped DAC 666 on the first page. 8 will represent to you that it is a North Carolina Department of Public Safety Mental Health Progress Note, December 6, 2021, 10 relating to Kanautica Zayre-Brown. 11 Do you recognize this document? 12 Α. Yes. 13 Q. On page two of the document at the top. Document 14 notes under the subheading Progress Towards Goals, which is at 15 the bottom of the previous page, reduced feelings of dysphoria, 16 measured by rating dysphoric feelings on a scale from zero to 17 10. Zero equals no dysphoria. 10 equals extreme dysphoria. 18 By being five or below at least three days a week. Today 19 Offender Brown reported a Level of 11, it's high. Did I read that correctly? A. Yes. 22 Did you review this medical record before concluding 23 that Mrs. Zayre-Brown does not have severe mental distress or 24 impairment? 25 A. Yes.

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           You can set that to the side. I'm done with that
2
    document. Can someone be close with their family members and
3
    still experience significant distress?
4
        A. Yes.
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        Q. You note that Mrs. Zayre-Brown doesn't suffer from
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    distress because she worked in the commissary. Are you aware
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    of whether that employment ended in 2020?
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                   MR. RODRIGUEZ: Objection. Mischaracterization
9
    of testimony.
                   You can answer.
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                   THE WITNESS: I don't know the specific reason,
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    if she asked to terminate her employment or if it was because
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    of her disciplinary. But the review of these documents does
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    recall and refresh my memory that all of these threats of
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    self-harming her phallus were conditional.
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                   MS. MAFFETORE:
                                   I'm going to object to that
16
    answer as non-responsive because I asked you whether or not the
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    employment at the commissary ended in 2020.
18
                   MR. RODRIGUEZ: And he answered that and then
    he was proceeding to discuss the exhibits that you just gave
    him to.
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                   MS. MAFFETORE: I asked if he reviewed them.
22
    That was my question.
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                   MR. RODRIGUEZ: Right.
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                   MS. MAFFETORE: Right.
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                   THE WITNESS: So what I was answering was that
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1 she had received a major disciplinary case and was placed in 2 restrictive housing because she assaulted a peer who had 3 allegedly teased her about her phallus or made some statement 4 about her phallus. So all of these suicidal or talk of 5 self-harm to her phallus were all conditional. The first set 6 that you showed me had to do with she was facing restrictive 7 housing disciplinary status --8 MS. MAFFETORE: I'm just once again going to 9 object to this as nonresponsive. Your counsel will have opportunity to ask you follow-up questions, if he wishes. 11 I have a limited amount of time with you today, so I need you 12 to be responsive to the questions that I'm asking. 13 MR. RODRIGUEZ: Hold on, Dr. Penn. So he 14 answered the question --15 MS. MAFFETORE: Should we go off the record for 16 a second? 17 MR. RODRIGUEZ: No. No. We're going to stay 18 on the record. He answered your question and now he's giving some testimony about the documents that you gave to him. 2.0 MS. MAFFETORE: Right. But I didn't ask him 21 any other questions about the documents that he gave to me. 22 you would like to ask him questions about those documents 23 you're more than welcome to. 2.4 MR. RODRIGUEZ: Oh, I know that I can ask 25 questions. But are you telling him that you would no longer

1 like for him to speak about the exhibits that you gave to him? 2 MS. MAFFETORE: If I have follow-up questions 3 about the exhibits I would be very happy for him to answer 4 those questions. 5 MR. RODRIGUEZ: Fair enough. So we'll let her 6 ask her next question and then you can answer. 7 BY MS. MAFFETORE: Q. Can someone pursue educational opportunities and still be experiencing significant distress? A. Yes. 11 In your opinion, is Mrs. Zayre-Brown considered 12 stable? 13 A. So I have to clarify my response to answer your 14 question. And in my -- what was the question again? 15 In your opinion, is Mrs. Zayre-Brown considered 16 stable? 17 A. Yes. Because all of these were conditional suicidal 18 statements of self-harm, putting a rubber band around her phallus because she was unhappy with the delay in getting 20 referred to the surgeon, and then two, the other situation had 21 to do with she was facing restrictive housing. It probably had 22 an affect on her maybe losing her job, her employment, but she 23 was hopeful and future oriented. In the documents you 24 presented to me she talks about working in cosmetology, talking 25 about losing weight to meet the criteria for the surgery, and

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other things that were hopeful and future oriented. So yeah, I mean, anything is possible. But based on my review of these documents, to answer your question, Ms. Brown was stable, clinically stable.

- Q. In your opinion, does Mrs. Zayre-Brown have any comorbid medical conditions or mental health conditions rather?
 - A. In my opinion, yes.
 - Q. And what is that based on?
- So again, I requested the opportunity to perform an evaluation of Ms. Brown and that was declined or refused. But based on my video review -- sorry, my review of the videotaped deposition Mr. Rodriquez performed and the transcript, based on review of all the medical records and prison records, based on my review of Dr. Boyd's evaluation, based on -- and testing, based on my review of Dr. Ettner's report and records, Ms. Brown potentially has -- I can't definitively say, but she probably has significant trauma from childhood neglect and abuse because she had been raised in foster care. I think her mom was 13 when she gave birth to her. She was pretty much estranged from her mother, was put into Child Protective Services, had been in the Department of Public Safety for juvenile offending behaviors for I think five years. So she clearly had a trauma history. There's some allegations or -sorry, not allegations. There are some references in records . So I don't have enough as we sit to possible

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here today to say definitively she has PTSD, but she definitely has features that are strongly suggestive of past trauma, abuse and neglect. There's also -- I can't remember. I believe Dr. Boyd on some of her testing there's the possibility of bipolar disorder symptoms or traits, and similarly there's a possibility of some antisocial versus borderline personality traits. And then from a medical perspective I understand the main issue is she's obese. She's overweight. I don't recall any other chronic medical diseases. And I think that's it.

Q. Is it your opinion that any comorbid condition from which Mrs. Zayre-Brown suffers is not well controlled?

A. What I would say is when Mrs. Brown doesn't get -doesn't get or perceive to get what she thinks she should or is
entitled to, she reacts very impulsively and puts herself at
risk and that is strongly suggestive of a personality disorder
and untreated trauma. I would say her comorbid complaints are
stable at present but could definitely -- she definitely could
benefit from additional counseling and therapy. It appears, in
my opinion, that she has been focused a hundred percent on her
gender surgery to the exclusion of seeking counseling or
therapy to deal with impulse control, affect regulation,
dealing with bad news or when things don't go her way impulse
control, making better choices, social skills training, how to
deal with individuals who might misgender her or make negative
comments about her genitalia. So those are definite treatment

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services that she would benefit from that would further help her achieve clinical -- further clinical stability.

- Q. What is your understanding of whether under the WPATH standards an individual needs to be considered stable in order to be a candidate for gender-affirming surgery?
- A. I'm not sure if there's language about stable. What I understand, the WPATH has changed. WPATH SOC 7 used to have a requirement that there had to be two, either psychologist and/or psychiatrist, or two psychiatrists or two psychologists, but they had to be both doctoral level and they had to essentially clear the individual and say there was no mental health contraindication to surgery. I understand in WPATH SOC 8 that that's been reduced. And I think now it's not necessarily a clearance or do they have the capacity for the surgery or there are not any mental health contraindications, but it's more of a referral. If a referring treating source mental health clinician refers -- I think only one letter is needed now and I could be wrong on that. But that's what my understanding of the new WPATH is. It's less prescriptive about the two evaluations done by doctoral level mental health staff.
- Q. Is your understanding that someone needs to ascertain that an individual's comorbid mental health conditions are sufficiently under control for them to be a candidate for surgery?

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- A. I would say that's fair.
- Q. On page 32 of your report, Exhibit-1. You note the lack of such indications of distress in a patient's medical chart is an important consideration when determining whether a given intervention is medically necessary. This is because if there is reason to believe that the intervention is necessary to prevent, and will be effective at ameliorating, such severe distress, harm, or disability, then the intervention might be said to be medically necessary.

Did I read that correctly?

- A. I would say yes. But the sentence in front of that has to be read in conjunction with that last sentence that you said about that my review of Mrs. Kanautica Brown's medical records demonstrate that whatever distress she may have had as a result of her gender dysphoria, it was and is well managed, not severe, and is not causing any impairments to her daily living activities in a correctional setting.
- Q. How frequently do you believe gender-affirming surgery has been ineffective in ameliorating gender dysphoria?

MR. RODRIGUEZ: Objection.

BY MS. MAFFETORE:

Q. Based on your expertise.

MR. RODRIGUEZ: Same objection. You can

answer.

THE WITNESS: So my review of the Dhejnee

article -- I think it's D-h-e-j-n-e-e -- is that in that study -- it's the only study that I'm aware of that was published longitudinally looking at individuals who have undergone gender-affirming genital surgery -- had mixed results. And in fact some individuals engaged and completed suicide and others had other similar types of distress and I believe there was some regret. Some individuals recounted regret in having undergone the surgery. So to the best of my knowledge, based on my literature review, and I think Dr. Li also referenced that in her report, there is that real risk of the surgery not necessarily being curative or helpful and actually potentially being harmful.

Q. So I asked you how frequently do you believe that gender-affirming surgery has been ineffective at ameliorating gender dysphoria?

MR. RODRIGUEZ: Same objection. Speculation. You can answer.

THE WITNESS: Because it hasn't been formally studied in a prospective, controlled manner I'm not able to answer your question. I would say it's highly variable.

BY MS. MAFFETORE:

- Q. Do you have reason to believe that gender-affirming surgery would be ineffective in ameliorating Mrs. Zayre-Brown's gender dysphoria?
 - A. My testimony would be that Mrs. Brown has some other

chronic mental health conditions. I mentioned the trauma, possible PTSD, possible personality disorder that the surgery will not do anything to correct or ameliorate. So it's possible that the surgery might help her gender dysphoria, but the other conditions will likely -- the surgery doesn't address or treat any of those other primary mental disorders, in my opinion.

Q. And so my question was do you have any reason to believe gender-affirming surgery would be ineffective in ameliorating specifically Ms. Zayre-Brown's gender dysphoria?

MR. RODRIGUEZ: Asked and answered. You can answer.

earlier, her whole focus to date has now been on the gender dysphoria and on the surgery. That's her whole life. In fact, as I understand it, she is -- there's some media coverage. There's some -- which is an additional stressor. At this point, as we sit here today, in my professional opinion, it's not -- it is not clear or definitive that she would -- that her gender dysphoria would be completely ameliorated by the surgery because there's other physical findings that she presents with that the gender genital surgery would not address.

- Q. What are those findings?
- A. Her physical presentation. She has several secondary sex characteristics, her body frame, her body appearance, her

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In any of the records that you reviewed did Mrs. Zayre-Brown identify the width of her shoulders as a source of her gender dysphoria?

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A. Not that I recall.

Q. In any of the records that you reviewed did Mrs. Zayre-Brown identify any physical feature other than her genitals as a source of her gender dysphoria?

A. Well, she has had -- she reported and I saw that in her medical chart, she's had multiple surgeries to date. A breast augmentation, fillers, body contouring, she had some chin procedure I can't recall the name of. She's had multiple surgeries, but I don't recall in the health care records or other records that I reviewed if she reported any other distress from any of those past surgeries. Sorry, I -- I'm trying to -- I thought I recalled that she did have distress from one of the surgeries. Yes, when she had the orchiectomy, the removal of the testicles, she experienced some postsurgical complications according to the medical chart, even though she was in the prison system and they were giving her wound care and dressings. I recall that she had pain and distress from that.

- Q. So now I'll just reiterate that my question was other than her genitalia.
- A. To the best of my recollection I don't recall any other distress from body appearance or both features in the records that I reviewed.
- Q. Okay. Thank you. Are you aware of whether Dr. Boyd testified that surgery would be psychologically beneficial for

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Mrs. Zayre-Brown in the treatment of her gender dysphoria?

- A. I don't recall.
- Q. Do you agree with Dr. Boyd that surgery would be psychologically beneficial to Mrs. Zayre-Brown in the treatment of her gender dysphoria?
- A. I can't answer that yes or no because there's a risk that she might have a serious complication from the anesthesia or surgery and whether the surgery is successful or not, she could have significant complications. And it could worsen her overall life with or without affecting her gender dysphoria.
- Q. So in your opinion, what are the risks of Kanautica specifically undergoing surgery?
- A. Well, there's a laundry list. I would be happy to refer to Dr. Figler's evaluation where he lists them. But as I understand, and again, I'm not a surgeon or anesthesiologist, but there's a risk of death, heart attack, pneumonia, infection, paralysis, scarring, compartment syndrome. There's a term called cosmesis or something to that effect where one is not happy with the surgical their perception of how it's going to turn out doesn't match with how it turns out. And there's several other complications. Nerve injury. I used paralysis earlier. Fistula. There's a risk of hair is in the vaginal cavity. That could be problematic.
- Q. Is your understanding that the procedure that Mrs. Zayre-Brown is seeking would create a vaginal cavity?

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1 What I understand is she's seeking a vulvoplasty, but 2 originally had been thinking of a vaginoplasty. But that's a 3 whole separate issue because there's still ambivalence about 4 what surgery would be best for her. According to Dr. Figler's report or his note there was some question about which would be 5 6 appropriate for her. I am not a surgeon. I can't speak to 7 this, but I believe that either when the vulvoplasty or vaginoplasty -- there's a risk of hair cells being in the vulva -- sorry, in the vaginal canal and that could cause problems. 10 So the point I'm trying to make -- I'm getting away from the 11 main things, infection, death, scarring, disfigurement. 12 are all real conditions of anesthesia, to include death from 13 cardiac arrythmia. Ms. Kanautica Brown is obese. She could 14 have surgical complications for her weight. Pneumonia. So 15 there's a laundry list of risks of surgery. 16 Q. Are the risks that you just identified unique to 17 gender-affirming surgery? 18

- A. I believe there are several risks that are specialized to gender-affirming surgery, but they also would apply to any kind of general anesthesia or alternatively being placed into the lithotomy position for extended periods of time. And I understand from Dr. Figler's note that she would have to be in that position for several hours to undergo the surgery.
- Q. So you stated that Mrs. Zayre-Brown's weight is a concern. Are you aware of whether Mrs. Zayre-Brown was

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required to lose a certain amount of weight in order to be considered a candidate for surgery by Dr. Figler's office?

- A. Yes.
- Q. Are you aware of whether she lost that weight?
- A. I recall that she had lost -- I think she went from 275 to 240. But the videos that I reviewed both of the deposition and of the interview with Dr. Boyd -- again, I'm not trying to be insensitive, but Ms. Brown appeared obese, in my training as a physician. So I didn't see anywhere where a recent weight had been recorded. So I don't know her weight status as of today or the last week or so.
- Q. Are you aware of whether at the time that the DTARC denied Mrs. Zayre-Brown's surgery whether or not she had achieved the weight goal set forth by Dr. Figler's office for her to receive the surgery?
- A. I don't recall if they made a determination of that.

 I think she had dropped down to like 245. But whether that met their criteria, I don't recall, as we sit here today.
- Q. If Mrs. Zayre-Brown had achieved the weight recommended by Dr. Figler's office to make her a candidate for surgery, do you have any other reason to believe that she is at high risk for complications for surgery?
 - A. Yes.
 - O. What are those reasons?
- A. Well -- and I already listed it earlier and I think

you interrupted me. I said she had a complication before when she had her orchiectomy. It didn't heal well and she had some pain. The wound dehisced, it spread. And so the best predictor of past is future -- I'm sorry, the best predictor of future is the past. Sorry, I got that backwards. So she has had a history of postsurgery complications and healing. Anyone is subject to surgical risks regardless of one's weight.

Everyone theoretically could have risk from general anesthesia and surgery.

Q. In your opinion, is there any risk of Mrs. Zayre-Brown

- Q. In your opinion, is there any risk of Mrs. Zayre-Brown regretting the procedure?
 - A. Certainly.
 - Q. What is your basis for that opinion?
- A. Well, it's based on the Dhejnee article that I mentioned earlier that the literature is limited, but the one study that shows longitudinal followup of individuals that have had the type of surgery that Mrs. Brown is seeking, there was some patients that experience complications and -- and I have read of other articles by urology -- in urology journals that describe the risks of complications with the surgery also.
- Q. What specific to Mrs. Zayre-Brown's circumstances lead you to believe that she is at risk of regretting the procedure?
- A. Because she's the only one that -- when she -- if and when the phallus is removed, she will be the only one that can identify that she no longer has a phallus. She still appears

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typically as a male -- sorry, transgendered female. But she still has several secondary sex characteristics that would suggest her being transgendered. So in my professional opinion having genital surgery is not going to cure all of her gender dysphoria. Plus, she has the comorbid likely mental health conditions that I described earlier, that I testified to earlier.

- Q. What risk, if any, do you think there is that Mrs. Zayre-Brown's gender dysphoria will worsen if she is not provided gender-affirming surgery before her release date?
- A. Anything is possible. She has stated that she's put a rubber band around her phallus. She stated that she plans to scratch or rub the skin off her phallus. So it's possible that she could develop a skin infection, or alternatively, if she does in fact amputate or auto amputate her phallus, that could occur. So there are some risks that she will further attempt to self-harm her genitalia. That's fair.
- In your opinion, do you think Mrs. Zayre-Brown's gender dysphoria will improve if she is not given gender-affirming surgery, if she retains her phallus?
- A. What I would testify to is that she is totally a hundred percent focused on this one surgery to the neglect of her other lifelong issues. I would say I don't currently have an opinion because my opinion is guarded without -- without knowing that she is making an effort to begin to work on her

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    other trauma and abuse and neglect issues and relational
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    issues, in my professional opinion, my opinion is quarded.
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    don't have an opinion regarding what the surgery or not having
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    the surgery, what impact it would have on her gender dysphoria.
5
        O. Understood.
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                   MS. MAFFETORE: Can we go off the record for
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    just one second?
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                   (Discussion held off the record, 4:13 p.m. 4:13
    p.m.)
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    BY MS. MAFFETORE:
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        Q. I would now like to look at your report, Exhibit-1 at
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    page 33. So you state on page 33 at the top it is my opinion,
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    based on my education, training, and experience, that there is
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    a lack of high-quality scientific and medical literature
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    indicating the long-term efficacy of gender-affirming surgery
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    as a treatment for gender dysphoria.
            Did I read that correctly?
        A. Yes.
        Q. Are you holding yourself out as an expert in the
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    quality of scientific evidence in this case?
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        A. No.
        Q. Are you holding yourself out as an expert in
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    statistical methodology in this case?
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